Skeletal Exit Quiz

**Multiple Choice:** Select the best answer.

1. Why is the skeletal system important?
   A. because it provides form and support to the body
   B. because it destroys disease-causing organisms or substances.
   C. because it synchronizes its actions to and from different parts of its body
   D. because it serves as a barrier to protect the body from the outside world

2. Which of the following belongs to appendicular skeleton?
   A. ribs
   B. hips
   C. sternum
   D. vertebral column

3. What is the thin, pink, tough membrane covering the outside of the bone?
   A. cartilage
   B. tendons
   C. ligaments
   D. periosteum

4. Which of the following is an example of a hinge?
   A. hip joint
   B. knee joint
   C. elbow joint
   D. shoulder joint

5. What causes osteoporosis?
   A. injury
   B. overstretching
   C. too little calcium
   D. inflammation of the bursae